

## RECIPE CARD

## CARNITAS

## **INGREDIENTS:**

3-4 LB PORK SHOULDER 1 CUP ORANGE JUICE 0.25 CUP LIME JUICE 1 TBSP SALT 2 TBSP ACHIOTE PASTE 4 GARLIC CLOVES (ROUGH CHOP) 1 TBSP OREGANO

1 STICK OF CINNAMON 1 QUART CHICKEN STOCK

\*CAN BE DONE IN INSTAPOT OR CROCK POT INSTAPOT: COOK ON HIGH PRESSURE FOR 45 MINUTES THEN LET PRESSURE RELEASE NATURALLY FOR 20 MINUTES CROCK POT: COOK FOR 4-6 HOURS ON HIGH OR 8-10 HOURS ON LOW

## **DIRECTIONS:**

- 1. TRIM PORK AND CUT INTO LARGE PIECES  $(\sim 4)$ 
  - 2. PLACE ALL INGREDIENTS EXCEPT PORK TOGETHER AND **BLEND**
- 3. PLACE PORK IN PAN AND POUR SAUCE OVER (SHOULD COVER PORK)
  - 4. LET SIT FOR 24 **HOURS**
- 5. COOK AT 275 °F FOR 4 HOURS OR UNTIL TONGS WILL SHRED PIECES